

News Release

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AAA BRINGS SENIOR DRIVER EXPO TO VIRGINIA BEACH

This event will provide 'Sandwich Boomers' and their parents with valuable information addressing senior driver mobility and safety challenges

VIRGINIA BEACH, VA, (September 10, 2013) – The 2013 AAA Senior Driver Expo will be held in Virginia Beach to help area seniors and their 'sandwich boomer' children deal with senior driver mobility challenges. Produced in conjunction with AAA Tidewater Virginia, and many community traffic safety partners, the Expo is scheduled for October 2, 2013 from 8:30am until 12:30pm. The event will be held at the Simon Family Jewish Community Center located at 5000 Corporate Woods Drive in Virginia Beach.

Similar to popular community health-care events, the Senior Driver Expo will offer a hands-on opportunity to sample AAA's suite of research-based senior driver resources. Attendees will have access to tools that can help assess and improve driving skills, reduce driving risks and foster dialogue between adult children and their senior parents about driving issues. In addition, information on community resources to support senior drivers in the Hampton Roads Area will be available.

"Our research shows that nearly one-in-three Americans don't know where to turn for information on senior driver issues," said Georjeane Blumling, vice president of public affairs for AAA Tidewater. "AAA's Senior Driver Expo will help families learn how to prepare for and address the challenges senior drivers and their families face as a result of the natural, inevitable consequences of aging."

"We are excited about the opportunity to provide seniors in Hampton Roads with information they can use to continue to drive as safe as possible for as long as possible", said Blumling. "This is a topic that will affect each of us at some point in our driving lives. Giving senior drivers and their adult children tools to help meet the challenge of making the transition from driver to full time passenger is a key element in the process."

Several AAA senior driver safety resources on display will include:

- AAASeniors.com A one-stop online resource that offers expert advice and science-based tools
 and programs to help families navigate the issues associated with senior driving and mobility.
- **AAA Roadwise Review** A computer-based screening tool that allows users to measure the functional abilities scientifically linked to crash risk among older drivers.
- **CarFit** A community-based program that offers older adults the opportunity to check how well their personal vehicles "fit" them for maximum comfort and safety.
- **Smart Features for Mature Drivers** A guide that identifies vehicle features that can assist drivers with the visual, physical and mental changes that are frequently encountered as they age.
- AAA Roadwise Rx An online resource that can identify potential dangerous interactions of medications that can adversely affect driving skills for older drivers.

AAA Tidewater Virginia is pleased that many community safety partners will be onsite including: Virginia DMV/HSO, Hampton Roads Transit, Hertz, Senior Services of Southeastern Virginia, Va. Beach Crime Prevention Unit, TRIAD, Virginia GrandDriver, Luxottica, Rite Aide, Ride-Away, Pagal's Driving School, Yellow Cab, and much more.

As part of North America's largest motoring and leisure travel organization, AAA Tidewater Virginia provides its more than 325,000 members with travel, insurance, financial and automotive-related services. Since its founding AAA Tidewater Virginia has been a leader and advocate for the safety and security of all travelers. For more information, visit <u>AAA.com</u> and follow us on Twitter at <u>Twitter.com/AAATidewaterVA</u>.

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